

SPORT

BTEC LEVEL 3

4 UNITS

WHAT WILL I GAIN FROM THIS QUALIFICATION?

- A cross section of subject knowledge allowing progression to sport science, sports management or sports development and many other sporting career pathways
- Employable skills – teamwork, communication, decision making and report writing to list but a few

ANATOMY & PHYSIOLOGY

The structure and function of the major body systems and how they work together to enable participation in sport and exercise

EXAM

FITNESS TRAINING AND PROGRAMMING FOR HEALTH SPORT AND WELL BEING

Assessing health and fitness levels of individuals, planning and implementing appropriate improvement programmes

EXAM

PROFESSIONAL DEVELOPMENT IN THE SPORTS INDUSTRY

Explore the knowledge and skills required for different career pathways in the sports industry.

CWK

PRACTICAL SPORTS PERFORMANCE

study the skills, techniques, tactics and rules through active participation in individual/team sports.

CWK

