

Dovera Award

Y7 2024-5 onwards

Y8 2025 -6 onwards

Y9 2026 - 7 onwards





To "BE" that is our mission

BElong

BElieve

BEcome

We are introducing the Cumbrian Award, Dovera Award, for our Year 7 Pupils in the academic year 24 – 25.

The Cumbrian Award is delivered through three strands: Adventure, Culture and Adventure. It provides quality experiences for our pupils that develops eight essential skills, and the attributes needed to thrive in a rapidly changing world.

Speaking; Listening; Problem Solving; Creativity and Innovation; Positivity and Self-belief; Aiming High; Showing Leadership; Teamwork

These are logged on Unifrog in the skills tool.

Pupils may already have completed the Sethera Award in their primary school.







What is a Quality Experience?

For the Dovera Award, pupils engage in the equivalent of 15 hours per strand per year over the course of Year 7, Year 8 and Year 9.

For each strand of Cumbrian Award, a Quality Experience includes a concrete activity such as an outdoor residential, coastal adventure, public performance based on local culture, an arts exhibition and sale etc.

There are learning experiences leading up to this concrete activity and pupil reflections on their learning and their skills gained from participating in the quality experience.

These experiences provide appropriate levels of challenge and promote both collaborative and independent learning opportunities with a strong emphasis on fostering ambition and confidence.

How does participation work?

Every participating pupil will have their own Cumbrian Award Passport. This Passport provides evidence of successful completion of Quality Experiences for each strand of the award. An electronic record of Cumbrian Award cohorts is also maintained centrally.

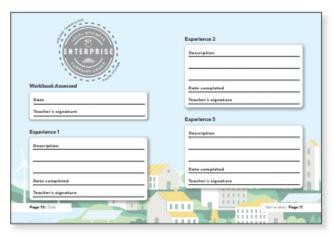
Dovera Award For **each strand** across Year 7 – Year 9:

- 3 Quality Experiences totalling 15 hours
- 1 Quality Assessed Workbook



To achieve either the Sethera or Dovera Cumbrian Award in either Year 6 or Year 9, pupils will need to collect all three Strand Completion Stickers in their passport.









St Benedict's Catholic High School

Subject	Year	Lesson / Talk / Trip /Activity description	When
•	Group		
Art and Design	Y7	Colour project includes looking at L.S. Lowry's painting of	Autumn term
		the fish and chip shop in Egremont and other paintings he	
		did from around here.	
Geography &	Y7	Trip to Carlisle - Exploring the urban cityscape and the castle	Autumn term
History	Sept/Oct		
Science	Y7	Energy and Electricity- renewable energy production in	Spring 2
		Cumbria, Energy coast, nuclear energy production	Summer 3
		Ecological Relationships- Students learn about freshwater	
		ecosystems, the species that inhabit lakes	
History	Y7	Medieval Cumbria - impact of the invasion/settlement of the	Spring term
		Celts, Anglo-Saxons and Vikings.	
Geography	Y 7	Raging Rivers unit - Looking at global & local rivers & their	Summer term 1
	_	processes	
English	Y7	Study the song 'the lakes' by Taylor Swift in seminal poetry	Summer 2
		which is all about the Lake District, particularly Windermere.	
		We also look at Wordsworth and the children write their own	
PD	Y8	poetry inspired by our lakes.	Oot April
PD	10	Enterprise Project	Oct - April
		Setting up a company to recycle local unwanted items	
		Market Research and Manufacturing	
		3. Marketing and selling	
		Purpose to fundraise for the Year 9 Adventure activity	
Science	Y 8	Elements compounds and Mixtures- John Dalton renowned	Autumn term 1
00101100	'	Chemist/ Physicist, developed the atomic theory	Spring term 2
		The Earth- Geology of Cumbria: study rock types, the	Opinig torni 2
		formation of mountains, and plate tectonics. Lake District	
		mountains used to explore Earth's structure and geological	
		processes.	
Art and Design	Y8	Lettering project includes looking at where you are from,	first term.
		looking at the Cumberland flag.	
Geography	Y8	Look at it this way unit - Looks at landscapes and farming in	Autumn term 1
		Cumbria	
History	Y8	History of Whitehaven 1600-1900 with a focus on the	January
		Industrial Revolution	
History	Y8	Cumbria's links to the slave trade and abolition movement	Spring term
History	Y8	Contributions of local soldiers to WWI (especially Abraham	Summer term
		Acton)	
English	Y8	Travel writing and we write about Whitehaven or another	Spring Term
		local area of choice.	
Geography	Year 8	Say Hello, Wave Goodbye unit - Looking at Cumbrian	Summer term 1
		coastlines	



Geography & DT	Y8 June	Trip to St. Bees - Exploring the coastal features & designing a	Summer term
		beach hut	
History	Y9	Contributions of local soldiers to WWI/WWII	November
			standalone
			lessons on
			Remembrance
Geography	Y 9	Why does it always rain on me unit - Looking at Cumbrian weather & the reasons why	Autumn 2
History	Y9	The Windermere Children - Holocaust survivors who came to convalesce in Cumbria in 1945	January
Geography	Y 9	Out of the freezer unit - Looking at glaciation and the creation of landforms in the Lake District	Summer 1
Geography	Y9	School's out for the summer unit - Looking at tourism in the Lake District	Summer 2
Geography	Y9 July	Trip to Silloth looking at change over time	Summer term
Science	Y 9	Chemical reactions- Mining History in Cumbria, mineral	Autumn 1
		resources, coal iron ore, limestone, the extraction of	Summer 3
		materials for iron production (blast furnace) and cement	
		(Shap). St Benedict's-Red Lonning from iron ore	
		Ecology and Ecosystems- sustainable farming practices,	
		Soil Science, plant growth. Cumbrian wildlife/habitat- Sun	
		Dew plants. Biodiversity/Interdependence- Squirrel's and	
<u> </u>	\/7 \/O	Ospreys. Conservation Efforts.	T1 .1 .1
Computer	Y7 – Y9	Signposting of local career pathways linked to computing	Throughout
Science		roles where appropriate	where
Demonstra	\/O	Discontinue de la contraction	appropriate
Personal	Y9	Planning an adventure;	Summer term
Development		How to read maps and navigate,	
		carry out a risk assessment and minimise risks	
		 booking and engaging in an adventurous activity 	