

## Drop Down Day 1

Year 7 Oct 10 Monday	X half	Y half
P1	Team building INSPIRA	What does it mean to be a British citizen L1
P2		Phone safety
P3	Unifrog Launch	Team building
P4	Logging in Recording activities L2 laptops	INSPIRA
P5	Phone Safety	Unifrog Launch
P6	What does it mean to be a British citizen L1	Recording activities L2 laptops

Year 8 Oct 11 Tuesday	X half	Y half
P1	Personal development and Target setting L2 I3 laptops	Self-confidence and Goals H1 L3 L2
P2	Self-confidence and Goals H1 L3 L2	Personal development and Target setting L2 I3 laptops
P3	Mindfulness and resilience h9 H10	What does success mean to you? H1 laptops
P4	What does success mean to you? H1 laptops	Mindfulness and resilience h9 H10
P5	Rules justice police and law	Rules justice police and law
P6	Emotional Literacy and self-awareness H6 8	Emotional Literacy and self-awareness H6 8

Year 9 Oct 12 Weds	X half	Y half
P1	Rights Responsibilities Self-reflection and r14setting goals H1 L3 L2	Rights Responsibilities Self-reflection and r14setting goals H1 L3 L2
P2	What are UNICEF and how do they help around the world?	What are UNICEF and how do they help around the world?
P3	Civil and Criminal Law	Civil and Criminal Law
P4	The Law and young offenders H28 Peer Pressure & gangs R42 R43 R44 R45 R35 R37	The Law and young offenders H28 Peer Pressure & gangs R42 R43 R44 R45 R35 R37
P5	Knife crime and the consequences R46 R47	Wellbeing – Being Kind to yourself. laptops
P6	Wellbeing – Being Kind to yourself. laptops	Knife crime and the consequences R46 R47

Year10 Oct 13 Thurs	A half	B half
P1	Setting targets for KS4 Self-evaluation H1	Setting targets for KS4 Self-evaluation H1
P2	Reasons for Crime R35	Reasons for Crime R35
P3	Unhealthy Relationships	Unhealthy Relationships
P4	Right s and responsibilities of employees L13 L14 L15 H23 safety in new environments	CV and Cover letters laptops
P5	CV and Cover letters laptops	Right s and responsibilities of employees L13 L14 L15 H23 safety in new environments

Year11 Oct 14 Friday	A half	B half
P1	Internet safety and the dark web H23	Internet safety and the dark web H23
P2	How many units?	Our next steps post 16 laptops
P3	Hate Crime	Hate Crime
P4	Our next steps post 16 laptops	How many units?
P5	Independent living	Independent living

Drop Down Day 2 23.11.22

Year 11 28 Nov Monday	Safety net workshops will be running P2 – P6 further info see withdrawal timetable in the general folder on the PSHE area of the hub. Venue: Conference room. Supervising staff have been emailed. Just take a register and be present.
Assembly swap with Y10	Pupils will be introduced to the sending and sharing images workshop by Ben Oliver
P1	Sellafield have cancelled. Please show the Sellafield PPT and discuss. Allow pupils to go on their phones to look up apprenticeships and what they entail in the UNIGROG careers library. (Back up Cybercrime – Online Fraud)
P2	Perseverance and procrastination At 10.20 go to the theatre. At 10.25 – 10.45 Gen2 Joe Philipson will be speaking to Y11
P3	Virtues - Humility
P4	Reviewing Work experience updating CV and Cover letters L1 Laptops RLL and AB order and share a trolley, AK order a trolley LSC join PC in C301, SC order a trolley and share with HXS, NYM use DT laptops, KHM join CRR in C206, LP use PE laptops
P5	Why do we take risks?
P6	Register first then Talk in Theatre UTC and Lakes College (Back up = A level Choices / Busting BTECs / T levels High aspirations Pupils can use phones or teachers project Unifrog)

Year 7 Nov 29 Tuesday	X half	Y half
P1 PE Laptops available	Healthy Living	Curious Minds Audit at this link: <a href="https://forms.office.com/r/9mU0CjMEbi">https://forms.office.com/r/9mU0CjMEbi</a>  Unifrog Careers Library Treasure HUNT Laptops or phones
P2	What is the difference between Mental health and Mental Illness?	
P3 PE Laptops available	Curious Minds Audit Unifrog Careers Library Treasure HUNT Laptops or phones	Healthy Living
P4	Online safety	
P5	My Family (possible Police Talk in theatre TBC)	
P6	Good Manners and Courtesy	

Year 8 Nov 30 Weds	X half	Y half
<b>Pupils to attend on a rota throughout the day for workshop with Chaplains Sarah and Liam. P1 Bosco and Kolbe A-M. P2 Carlo + Kolbe McA – W. P3 Chiara + Teresa B – McD. P4 John Paul + Teresa (McL – W). P5 Bernadette P6 Josephine.</b>		
P1	Are loot boxes gambling?	
P2 C206 is available	Curious Minds Audit at this link: <a href="https://forms.office.com/r/9mU0CjMEbi">https://forms.office.com/r/9mU0CjMEbi</a> Careers library treasure hunt 2 laptops or phones	The Big Debate: Should we read for pleasure?
P3 (Pupils have CS and DT)	The Big Debate: Should we read for pleasure?	Curious Minds Audit  Careers library treasure hunt 2 laptops or phones
P4	How tax is spent	
P5	Vaping Nicotine and addiction	
P6	Cancer Awareness	

Year9 Dec 1 Thurs	This is a themed day. The Blackout Challenge	
P1	Respect	
P2	Integrity	
P3	Resilience	
P4 PE laptops available	Courage (Y half do Curious Minds Audit first on laptops /phones) Audit at this link: <a href="https://forms.office.com/r/9mU0CjMEbi">https://forms.office.com/r/9mU0CjMEbi</a>	
P5 PE Laptops available	Compassion (X half do Curious Minds Audit first on laptops /phones) Audit at this link: <a href="https://forms.office.com/r/9mU0CjMEbi">https://forms.office.com/r/9mU0CjMEbi</a> Reflect on the messages of the day.	

Year 10 Dec 2 Friday	A half	B half
P1	Managing Time effectively avoiding stress	
P2	Managing Tough times Grief and bereavement	
P3	Virtues: Stewardship and Dignity	
P4	Big Debate: Punishment	
P5	Careers in the Forces: Army talks in the Theatre (Back up; Homelessness)	

### Drop Down Day 3 Map 4.1.22

Year 10 Mon 30/1/23	10A	10b
1	Temperance: Luna's Quest	Criminal Justice system H23
2	County Lines 1/3	
3	Resolving Conflict	
4	Criminal Justice system	Temperance: Luna's Quest
5	County lines including Police input 2/3	
6	County Lines 3/3	

Year 11 Tuesday 31/1/23		
P1	Applying to College or University Academically Gifted talk from Oxford University via TEAMs MW B207 See attendance list on TEAMs (3 groups Hello Futures activity for the HF target learners info to follow)	
P2	First Aid: Alcohol and First Aid (possible St Johns Ambulance talk on First Aid)	
P3	Talk from Ben Johnstons UCLAN what university has to offer, University finance and study skills in the theatre. (Back up First Aid: Bones, Muscles and Joints ) KB Please can you introduce / thank.	
P4	First Aid: 20 minutes The Pushover <a href="https://www.youtube.com/watch?v=OnGqr48Vm-o">https://www.youtube.com/watch?v=OnGqr48Vm-o</a> Help someone who is unresponsive and breathing by learning how to push them on to their side with their head tilted back. 35 minutes Discuss the information on the Red Cross emotional support in a crisis sheet and have a discussion around how to behave in a crisis.	
P5	Big Debate: Animal testing	
P6	GCSE Revision and Study Skills- Using time effectively Phones or Laptops RLL and AB order and share a trolley, AK order a trolley LSC join PC in C301, SC order a trolley and share with HXS, NYM use DT laptops, KHM join CRR in C206, LP use PE laptops	

Year 7 Weds 1/2/23	X Half	Y & Z half
P1	What is Consent?	
P2	Finance: Gambling and Gaming	
P3 PE laptops available	Unifrog Interests profiling Phones or laptops TNJ C309 JML B302 KJW B103 SN C303	Citizenship human rights and responsibilities
P4 PE laptops available	Citizenship human rights and responsibilities	Unifrog Interests profiling Phones or laptops TH DAS LP FMM
P5	Energy Drinks. What's the problem?	
P6	Eating Well Talk from Karen Harwood (NHS Dietician) in the theatre Backup Eating well resources ( LMM please can you introduce / thank)	

Y8 Enterprise Day 3.2.23  The Tyre Challenge	Pupils will remain in tutor groups and in the same room all day Booklets have been copied centrally and tutors will provide them on the day. Teachers usually teaching in the rooms below please check the bulletin for room changes.		
Lesson 1 introduction	The problem Blue sky thinking	B301 Bernadette JAT B207 John Paul AJB B202 Bosco JTC B204 Chiara NYM Reserve CRR	B105 Kolbe RLL B108 Josephine HW B201 Teresa GS B107 Carlo KHM Reserve LSC
Lesson 2 creating a team	The challenge	<b>B301 Bernadette SR3</b> <b>B207 John Paul MLW</b> <b>B202 Bosco LMF</b> <b>B204 Chiara AF</b>	<b>B105 Kolbe MAJ</b> B108 Josephine CJH <b>B201 Teresa TI</b> <b>B107 Carlo SC</b>
Lesson 3	Branding Social impact Finances	B301 Bernadette TH B207 John Paul DAS B202 Bosco KW B204 Chiara FMM	B105 Kolbe TNJ B108 Josephine AA B201 Teresa SUP B107 Carlo SN
Lesson 4	Develop a presentation	B301 Bernadette JAT B207 John Paul JMF B202 Bosco SJS B204 Chiara DW Reserve JT	B105 Kolbe B108 Josephine HW B201 Teresa GS B107 Carlo KHM Reserve JD
Lesson 5	Class presentations Voting	B301 Bernadette LMM B207 John Paul AJB B202 Bosco JTC B204 Chiara NYM	<b>B105 Kolbe MAJ</b> <b>B108 Josephine PB</b> B201 Teresa GS B107 Carlo KHM Reserve MAH

Friday 3.2.23 Wow Day	Set of laptops to be reserved for the unifrog sessions 1 set p1, 2,3 , 4 rooms TBC KEW
Supply chain workshop	Rota to follow
Team building	
Meeting employees	
Unifrog Personality tests and interests	
Guest speakers Higher / lower	Gary Martin Enterprise adviser Kate Wilson Business Tool Box Cumbria Sixth form – Head boy and Girl

Drop down day 4 map W/C 20<sup>th</sup> March 2023

Year 9 20.3.23	X Half	Y half
P1		
P2		
P3		
P4		
P5		
P6		

Year 10 21.3	Half	half
P1	Apprenticeships Day	
P2		
P3		
P4		
P5		
P6		

Year 11 22.3	X Half	Y half
P1		
P2		
P3		
P4		
P5		
P6		

### Drop down day 5 map W/C 12<sup>th</sup> June 2023

Year 8 12.6.23 Mon	X Half	Y half
P1	Bereavement 1 <b>Check in advance in case this will upset anyone – Liam will be running a workshop for withdrawn pupils. A letter will be sent 10 days before.</b>	GCSE Choices Choices PE laptops free Book your laptops Pupils can use phones
P2	Register in rooms first then St John's Ambulance First Aid talk 30 minutes Personal safety and First Aid lesson as back up. Do Personal Safety, first section after the talk if there is time. MW will introduce and thank.	
P3	Environmental Issues	
P4	Head Injuries	
P5	GCSE Choices Choices C206 free Book your laptops Pupils can use phones	Bereavement 1 <b>Check in advance in case this will upset anyone – Liam will be running a workshop for withdrawn pupils. A letter will be sent 10 days before.</b>
P6	Managing Behaviour to Achieve - Self Management	

Year 9 13.6.23 Tues	X Half	Y half
<b>Pupils will be going to see Charlotte the nurse for short work shops on checking for lumps in the LIBRARY.</b> Andrew will be with them. 8.55 – 9.10 Bernadette 9.15 - 9.30 Kolbe 9.35 – 9.50 Teresa 9.50 – 10.05 Josephine 10.10 – 10.25 Bosco 10.30 – 10.45 Chiara 11.00 – 11.15 – Carlo 11.20 – 11.35 – John Paul		
P1	Future Skills Questionnaire. Pupils will be sent a link to complete this to their school inbox. Please go thru the questions prior to asking the pupils to completing this. It takes 15 minutes approx... For the remainder of the lesson please ask pupils to log into their UNIFROG account, go to Activities and log examples. They can do all of this on their phones or laptops	Finance, Gambling and Gaming
P2	Values and Virtues	
P3	Self harm	
P4	Check your Chest. See notes on PPT. <b>Check in advance in case this will upset anyone - we may need to make alternative arrangements. A letter will be sent 10 days before.</b>	
P5	Vaping	
P6	Finance, Gambling and Gaming	Future Skills Questionnaire. Pupils will be sent a link to complete this to their school inbox. Please go thru the questions prior to asking the pupils to completing this. It takes 15



		minutes approx... For the remainder of the lesson please ask pupils to log into their UNIFROG account, go to Activites and log examples. They can do all of this on their phones or laptops
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Year 10 14.6.23	Carlo 24 C309 TNJ	John Paul 22 C102 AK	Bosco 22 P123 ACB P456 AVM B103	Josephine 21 B204 AF	Kolbe 20 P123 HW P456 LK A101	Chiara 21 B106 FMM	Teresa19 NM A203	Bernadette 19 SN C303
Timetable is collapsed for today. Check SIMS for cover. Check for room changes Tutors deliver Finance, County Lines 1 and County lines 3 tutors accompany pupils to the other sessions. County lines 2 is in the tutor room.								
P1	Elite Skills Academy	Campbell to McAvoy 11 Elite skills Academy Finance	Finance Mock Int 9.30	County Lines 1	County Lines 1	County Lines 1	Finance Mock Int 9.10	Finance Mock Int 8.50
P2	County Lines 1	County Lines 1 Mock Int 10.20	County Lines 1	Elite Skills Academy	Elite Skills Academy Ackerley to Fisher 10 Finance Mock Int 10.40	Finance Mock Int 10.00	County Lines 1	County Lines 1
P3	Finance Mock Int 11.00	Finance Morgan to Wood 11 Elite skills Academy	Elite Skills Academy	Finance Mock Int 11.20	County Lines 2 Police	County Lines 2 Police	County L Police Lines 2 Police	County Lines 2 Police
P4	County Lines 2 Police	County Lines 2 Police	County L Police Lines 2 Police	County Lines 2 Police	Finance Mock Int 11.40 Elite Skills Academy Gaythwaite - Stewardson10	Elite Skills Academy	County Lines 3	County Lines 3
P5	County Lines 3	County Lines 3	County Lines 3	County Lines 3	County Lines 3	County Lines 3	Elite Skills Academy	Elite Skills Academy
P6	Careers talk in theatre							

Elite Skills Academy Army Field / Theatre if raining

County lines 2 police delivering in classes

Y10 Pupils will be attending mock interviews in the Winter Garden throughout the morning.

Year 7 16.6.23 Fri	X Half	Y and Z half
P1	Consequences of Not Leading a Healthy Lifestyle	
P2	Propaganda	
P3	CPR	
P4	Democracy	
P5	Big Debate Sustainability /Ethical Choices AF+TB	