

St Benedict's Catholic High School

1971

"Through love of Christ, delight in Virtue"

What is this evening about?

**Preparing for Success and supporting
each other throughout Key stage 4**

Key Dates for Year 10

9 th October 2023	PSHE Day
16 th Nov 2023	Year 10 Parents Evening
24 th Nov 2023	PSHE Day
11 th Dec 2023	Colin Wright - Guest speaker Maths Department
19 th Dec 2023	Non-uniform Charity fund raising day
31 st Jan 2024	Intermediate Maths Challenge
1 st Feb 2024	PSHE Day
26 th March 2024	PHSE Day
22 nd April – 3 rd May 2024	<i>Year 10 Internal exam weeks</i>
7 th May 2024	Biology Challenge
3 rd June 2024	Year 10 Geography field trip – Gatesgarthdale Beck
4 th June 2024	Year 10 Geography field trip - Gatesgarthdale Beck
14 th June 2024	Year 10 Mock interviews
8 th – 12 th July 2024	Work experience
18 th July 2024	End of Year Mass

Important information regarding references required by various employers and apprenticeship providers. These are the criteria used on reference forms, it is important that students understand what employers and apprenticeship providers want to know – Aim for 100% attendance students with 95% attendance are 2.8 times more likely to achieve 5 or more GCSE'S at grade 4 and above than those with below 85% attendance.

Number of possible days of attendance to date in the last 12 months / Academic year:	
Number of separate periods of absence due to sickness in the last 12 months / Academic Year:	
Number of times late in the last 12 months / Academic Year:	
Number of unauthorized absences to date in the last 12 months / Academic Year:	



How would you rate the candidate on the following (please tick ☐):

	Excellent	Good	Satisfactory	Unacceptable	Comments
Attitude to Work					
Behaviour					
Meeting Deadlines					
Communication Skills					
Teamwork Skills					
Effort & Application					
Ability to follow instructions					
Relations with Staff					
Relations with Peers					

Revision tips and techniques, advice to parents, list of revision guides, Apps and websites are on the school website under the tab Curriculum or on Teams as shown in the next slide.

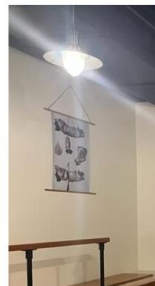


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History

Curriculum Overview – Intent
Year 9 Options 2023
Art & Design
Business Studies
Computer Science
Design & Technology
English
Geography
Health & Social Care
History
Hospitality & Catering
Mathematics
Modern Foreign Languages
Performing Arts (Music, Dance, Drama)



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History Key Stage 4

As part of our AQA GCSE History course, our students are able to examine a range of topics including Health and the People from the Middle Ages to the present day, Elizabethan England, the causes and course of World War One and America between 1840 and 1895 or Germany between 1890 and 1945. The new GCSE course is assessed by two exams at the end of Year 11 and allows our students to appreciate the connections between local, national and international history through a study of a variety of historical time periods. The questions test a variety of skills and concepts that we deliver throughout Key Stage 3 so our students are in a position to be confident with the exam papers.

GCSE Transition Homework – Download

GCSE Transition Homework Writing Frame – Download

Key Stage 4 Overview – Download

Key Stage 4 Knowledge Organisers and Ever Heard the Words – Download Below:

WWI
Health & the People
Germany 1890 –1945
Elizabethan England

Exam question booklets – Download below:

History Paper One – Germany 1890 – 1945
History Paper One – Conflict & Tension (WWI)
History Paper Two – Elizabethan England
History Paper Two – Health & the People

Revision Worksheets – Download below:

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At Key Stage 3 we aim to develop curiosity and the skills needed to investigate our world. This is done through analysis of the data we generate in experiments.

At **Key Stage 4** we embed key knowledge and skills to further explore the world of science and to be successful at GCSE readying our students for their next steps. We follow the AQA schemes in GCSE Biology (9-1), Chemistry (9-1) and Physics (9-1) and Combined Science: Trilogy (9-1)

At **Key Stage 5** high quality teaching of skills and knowledge in relevant contexts, coupled with opportunities beyond the classroom, prepare our students for A Levels in Biology, Chemistry, Physics and L3 Extended Certificates in Applied Science.

Department Head – Mrs K Burnup

Useful Links for Science

AQA <http://www.aqa.org.uk/>
OCR <http://www.ocr.org.uk/>
BBC www.bbc.co.uk/schools/revision/
S-Cool Revision <http://www.s-cool.co.uk/>
School Science <http://www.schoolscience.co.uk/>
How Stuff Works <http://www.howstuffworks.com/>
G.C.S.E Science <http://www.gcsescience.com/>
G.C.S.E <http://www.gcse.com/> – Provides general help for Physics coursework
Edexcel – <https://qualifications.pearson.com/en/home.html>
Kerboodle – <https://www.kerboodle.com/>
SENECA Learning – <https://app.senecalearning.com/>
SAM Learning – <https://www.samlearning.com/>
IOP – <https://www.iop.org/>
Royal Society of Biology – <https://www.rsb.org.uk/>
Royal Society of Chemistry – <https://www.rsc.org/>
Creative Chemistry <http://www.creative-chemistry.org.uk/>
Biology Topics <http://www.biotopics.co.uk/> – great site for Biology

It is important to be very specific about when your son or daughter will complete their homework or revision and when they will take a break.

	In School revision session	1	2	3
TIME				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

	In School revision session	1	2	3
TIME				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				



How Best to support your child

- Take away distractions- your child won't like it but they will understand that it's the best thing for them.
- Provide them with a quiet place to work and revise if possible.
- Be positive and encouraging. Remind them that they need some fresh air too.
- Help them revise by testing them if possible.
- Encourage them to consult their teachers if they are struggling.
- Chocolates/ biscuits and cups of teas/ hot chocolates are usually very well received.





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YEAR 10 INFORMATION EVENING

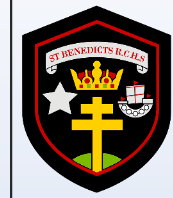
By working together, we will support our students and help them reach their potential.



Three of my colleagues, the Subject Leaders for English and Maths and Behaviour will now give you some information to conclude this presentation. Thank you

Work Experience

- Launches in early November 2023.
- Pupils use their CV and letter of application to apply for places.
- To assist in finding a placement we have access to a database of employers who have provided placements in the past.
- Return form with evidence by the beginning of January
- Don't go with sole traders – employers must have employer liability insurance.
- Issues will be flagged up to parents if any occur.
- Risk assessments will be issued a week before the placement.



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Mrs Williamson Head of English.

English Literature

Exam	Content
Paper 1 - 1 hour 45 minutes	<ul style="list-style-type: none">• <i>Shakespeare: Romeo and Juliet OR Macbeth</i>• <i>19th Century Novel: A Christmas Carol</i>
Paper 2 – 2 hours and 15 minutes	<ul style="list-style-type: none">• <i>Modern Novel</i>• <i>Cluster Poetry: Power and Conflict</i>• <i>Unseen Poetry</i>

English Literature – How to Revise

All resources are accessible on Teams

- *Knowledge Organiser quizzes*
- *Revise PIESMAL*
- *Write/plan responses*
- *Stick quotations/intentions up in the house*
- *Use the CGP revision guides*
- *Follow @stbenedictsenglish on Instagram*
- *Watch film versions of texts*

English Language

Exam	Content
Paper 1: Creative reading and writing (1 hour 45 minutes)	One fiction source
<i>Paper 2: Writer's Viewpoints and Perspectives</i> (1 hour 45 minutes)	Two non-fiction sources

English Language- How to Revise

All resources are accessible on Teams

- *Knowledge Organiser quizzes*
- *Revise structures*
- *Revise terminology*
- *Write/plan responses*
- *Revise ambitious adjectives*
- *Follow @stbenedictsenglish on Instagram*
- *Use the CGP revision guides*
- *Read Read Read*



Miss Tremble Leader of KS3/4 Mathematics



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GCSE Mathematics

- Exam Board: AQA
- 3 exams – 1 hour 30 minutes each
- 1 Non-Calculator Exam
- 2 Calculator Exams
- Higher tier – Grade 4-9
- Foundation tier – Grade 1-5

In Class

- GCSE scheme of work
- Number fluency questions
- Mark maximiser questions
- Examples book
- Exam questions



St Benedict's
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MATHEMATICS

Equipment

**A BLACK PEN,
PENCIL,
RULER,
RUBBER,
SHARPENER**

All purchasable on
 **ParentPay**

**A MATHS
SET:**
INCLUDING A
PROTRACTOR AND
A COMPASS

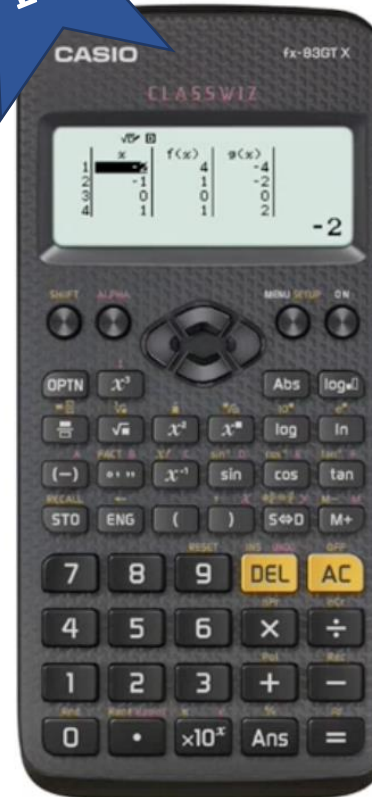


£10

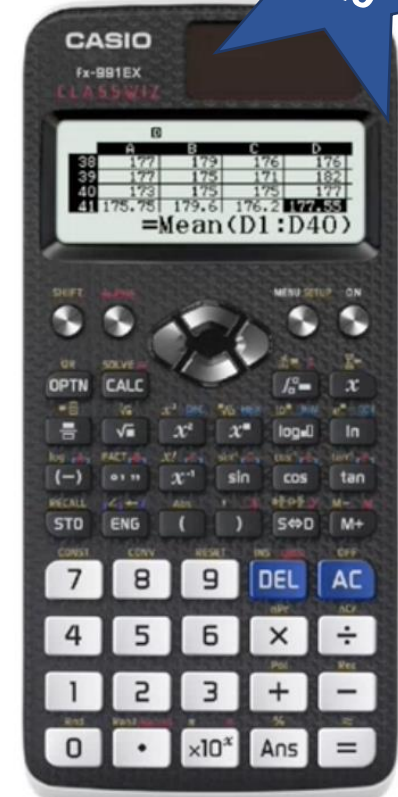
£2

**A SCIENTIFIC
CALCULATOR:**

WE RECCOMEND EITHER OF THE
FOLLOWING CASIO MODELS...



FX83GTX



FX991EX

£20

Homework – Dr Frost Maths

- Weekly homework tasks
- Retrieval practice
- Auto suggested tasks
- Practice any key skill
- Past paper practice
- Homework help club

DR FROST MATHS

HOMework HELP CLUB

dfm

TUESDAY AFTERSCHOOL

KS3 - B306

KS4 - B304



St Benedict's Department of
MATHEMATICS

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Useful Websites

- AQA www.aqa.org.uk
- All About Maths www.allaboutmaths.aqa.org.uk
- Maths Genie www.mathsgenie.co.uk
- Corbett Maths www.corbettmaths.com



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MATHEMATICS

Revision Guides

Revision Guides

Available to buy on
ParentPay for £3

Collins

AQA GCSE 9-1

Maths
Foundation

Revision Guide

Look Inside 🔍

Collins

AQA GCSE 9-1

Maths Higher

Revision Guide

Look Inside 🔍

Who should I contact if I have any questions?

Miss Tremble KS3/4 Leader of Mathematics

jennifer.tremble@st-benedicts.cumbria.sch.uk



St Benedict's
Department of
MATHEMATICS

Miss Powe Behaviour

Why is good behaviour important?

Our Philosophy

A high standard of behaviour is expected at all times. Our school virtues underpin all that we do and all that we want to achieve here at St Benedict's.

'Treat each other in the way we would like to be treated ourselves'
(Matthew 7:12)

We are committed to improving behaviour and discipline in school because we know the effect misbehaviour can have on lost learning time and harm the life chances of young people.

What are the benefits of positive behaviour?

Positive Behaviour enables students to engage in learning, make good academic progress and sustain good relationships with both adults and peers. Positive Behaviour helps students make smoother transitions into college, employment and adult life.

**Improved
relationships**

**Effective
communication**

**Conflict
resolution**

**Increased
productivity**

**Personal
growth**

**Enhanced
leadership**

**Positive emotional
and physical well-
being**

**Social
benefits**

**Positive
reputation**

Code of Conduct

St Benedict's Catholic High School 1971

Code of Conduct

Be Ready, Be Respectful, Be Safe.

- I will attend school and be on time to lessons.
- I will do all my classwork and homework to the best of my ability.
- I will show dignity and respect to all members of staff, visitors, and each other.
- I will follow instructions from adults and make it possible for all pupils to learn.
- I will move quietly and safely around the school.
- I will treat the school buildings, School property and all personal property with respect.
- I will wear the correct uniform and be smart in appearance.
- I will have the correct equipment for each lesson.
- I will take responsibility for my own actions and behaviour.
- I will only use my mobile phone in the dining hall, or with the permission of a teacher.
- I will use social media and the internet safely and appropriately.
- I will only eat and drink in the school dining hall / Winter Garden.
- I will always place litter in the bins provided.
- I will use appropriate language.
- I will behave appropriately outside of school.



BE READY

We need you to:

- Be on time for school and each lesson, be ready to learn.
- Wear the correct uniform – we wear this with pride.
- Have all your equipment and books for each lesson.
- Give you best efforts in all lessons.



BE RESPECTFUL

We need you to:

- Be polite to all members of staff, this means stop and listen to staff when they ask to speak to you.
- Be polite and caring towards visitors and each other.
- Always use the appropriate language and show good manners.
- Look after our school environment, lots of people use the same facilities so we need to use them correctly (toilets, canteen).
- Respect yourself – be proud and want to do well.
- Allow everyone in your class to learn.



BE SAFE

We need you to:

- Move around the school quietly following our one-way system without any pushing and shoving
- Move up and down stairs safely and sensibly.
- Follow all classroom rules (these may be slightly different in practical lessons).
- Be in the correct places at break and lunch times.
- Be sensible as you travel to and from school.

It doesn't matter
what others are doing,
it matters what you
are doing.

**WORK HARD
BE KIND
AND AMAZING THINGS
WILL HAPPEN**