

# ST BENEDICT'S CATHOLIC HIGH SCHOOL

*incorporating*

## WEST CUMBRIA CATHOLIC SIXTH FORM CENTRE

ST BENEDICT'S CATHOLIC HIGH SCHOOL  
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Head Teacher:  
EMMA JACKSON

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Dear Parents & Carers,

The online world is posing an ever-increasing risk to children, and it is important that schools, parents, and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

I am pleased to make you aware that we have partnered with a company called National Online Safety, who provide resources for parents and carers on all aspects of online safety.

The resources include online video resources and weekly guides covering a range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends

To create your account, please follow <https://nationalonlinesafety.com/enrol/st-benedict-s-catholic-high-school> and complete your details.

Alternatively, you can scan this QR code using your phones camera to go straight to the site:



When you are set up, you will be able to set 'Parent/Carer' as your user type.



A Registered Charity

You can access National Online Safety online via any device- including a smartphone app. To download the app, please go to:

Apple devices: <https://apps.apple.com/gb/app/national-online-safety/id1530342372>

Android devices: <https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

I hope this resource proves useful for you in helping you to keep up to date with the latest information on online safety themes.

Yours faithfully



C. Redhead  
Assistant Headteacher

